



# Spotlight Series

# JUNE

## Board Member

### Stephanie Miller

PMI® Keystone Chapter, Communications Director

After 13 years of working as a physical therapist and superuser supporting electronic medical record (EMR) implementations, I realized there was often a disconnect between leadership’s visions and what was actually being implemented in the field. This disconnect led to frustrations on all ends. I was feeling burned out and frustrated myself.

Instead of giving up, I was inspired to find an answer. That’s when I stumbled on what I perceived as the missing link - project management (PM). I was filling the role of a project manager without having any formal education in it or knowledge of best practices. I took additional courses in Project Management – Healthcare, received my PMP®, and transitioned into a formal PM position.

#### Why did you join the PMI® Keystone Chapter?

I joined the PMI® Keystone Chapter to get to know other project managers in my local community and to expand my understanding of project management as it relates to non-healthcare spaces.

I’m also proud of my journey from clinician to PM. I enjoy spreading the word that we, ‘project-managers-by-default’, are out there and think it’s valuable to bring the ‘PMs-by-default’ and ‘PMs-by-choice’ together so we can all learn from each other.

#### Why did you decide to volunteer with the PMI® Keystone Chapter?

Volunteering brings me joy! I wanted to become more involved in my local PMI® community, so immediately went to the Volunteers page of the Keystone Chapter website. The Deputy Communications Director position was available and I was excited to gain skills in a new area. The rest is history!

#### What benefits have you received from your involvement with the PMI® Keystone Chapter?

Through my PMI® Keystone Chapter membership, I’ve had the opportunity to attend many amazing speaker events and obtain free PDUs. I’ve been able to mentor students at the York College of Pennsylvania which was such a great learning experience! I’ve also enjoyed building relationships with and have been inspired by the members of the Board.

#### What is one nugget of advice you have for our PMI® Keystone Chapter community?

There is a lot to balance in this field and we often wear multiple hats. It can be especially challenging for those of us that started our journeys by necessity and not by choice. My nugget of advice is to “Give yourself grace.”

